



# FAQ'S

## NINGALOO REEF





## THE JOURNEY

Q

**Where can I find the group at Perth Airport?**

A

Your flight will depart from the gate. A guide will be waiting for you here. Additionally, we have a Facebook group connecting the ladies before departure. If the guide is already at Exmouth airport, they will meet you there. Look for a group of women at the airport gate. Your guide will contact you via text. Facebook Groups open 4 weeks prior to departure and we will send you a link via email.

Q

**What flight do I catch and who will pick us up?**

A

Book your flight from Perth - Exmouth (Learmonth) on the first day of the trip which is QF1602. It arrives into Learmonth at roughly 2.30pm. We will pick you up since it's a very small airport, and you won't miss us. Sometimes our guide is already in Perth, so either way we will greet you at Perth or Exmouth airport.

Q

**After we are picked up from the airport in Exmouth, what happens next?**

A

A bus takes us into town for gear fitting. Then, we make our way to Cape Range National Park, which is 1.5 hours away, for our Base Camp. We often stop via town if anyone wants to pick up some alcohol prior to leaving.

Q

**In the event that I arrive earlier in Exmouth, where should I meet the group, and at what time?**

A

We will meet at 24 Pelias St, Exmouth WA 6707. We will email or text you the meeting time, usually between 3 and 3.30 p.m. You will need to make your own way here.

Q

**On the last day, how do we get to the airport?**

A

A bus will take us for one drop-off time. The bus will pick up the group from the resort around 11 am and arrive at Exmouth airport around 1 pm for the flight (QF1603) which departs around 3.15pm.



## THE PACKING PROCESS

Q

**What should I pack?**

A

Upon booking, you will receive a packing list. This can also be downloaded via the booking page.

Q

**Can you tell me what kind of bag I should bring?**

A

For your clothing, please bring a large duffle bag (or travel bag) and a small daypack. Our bus will transport your gear to our Base Camp, and your bag does not need to fit in a kayak. Each day, we return to base camp by vehicle. A little day pack is handy, bring that!

Q

**Should I pack a rash shirt?**

A

Bring your own if you have one! Otherwise, we provide long sleeve rash shirts.

Q

**Is it necessary for me to have my own wetsuit, mask, and snorkel?**

A

Not at all. On arrival, we will do a fitting for all the gear we have provided for you. If you prefer, you can bring your own wetsuit along with a mask and snorkel. We don't recommend steamers because they are too hot. If you feel cold, you should wear a spring suit.

Q

**Is it necessary for our bag to fit inside the kayak?**

A

No. As we set up a base camp, we transport the bags directly to your tent. As the tents are on sand, we ask you don't pack a suit-case, this would be too large for your items are you really don't need too much on this trip.

Q

**Is a little carrying bag or backpack necessary?**

A

Yes. When hiking or on the boat for the shark tour, you will need a daypack to carry your items.

Q

**Should I pack nice clothing for the night we have dinner?**

A

The restaurants are nice, and most women dress casually (jeans, throw-on dresses, etc.). Exmouth does not have a fashion statement! Put on what makes you feel comfortable.

Q

**Should I bring my own sleeping bag?**

A

We provide sleeping bags, mattresses, pillows, and sheets. You are welcome to bring your own sleeping bag if you prefer but really, no need.

Q

**For the walks, do I need hiking boots or shoes?**

A

Joggers will be fine for you. If you feel more comfortable and prefer the support wearing boots, bring them.



## THE ACTIVITES

Q

**How long do we kayak each day?**

A

The day starts on the water between 8.30am and 9.00am and ends between 2.30pm and 3.30pm. You can expect to return to camp around 4pm. On average, kayaking distances range from 8km to 12km.

Q

**What should I wear while kayaking?**

A

It's recommended to wear shorts or tights, a rash shirt, or a long-sleeved shirt to protect from the sun. Sunglasses and a hat are also essential. On colder days, it is recommended to bring a thermal top.

Q

**What kind of shoes should I wear while kayaking?**

A

It's best to wear river shoes or sandals. You can purchase cheap pairs of shoes at K-mart and BIG W.

Q

**Are the kayaks have single or double sea kayaks?**

A

If we have an uneven number, we'll swap the single kayaks around so everyone can participate, however we are all usually in double sea kayaks.

Q

**What if I'm scared of snorkeling or don't know how to do it?**

A

You will be guided every step of the way by your guides. Our buddy system ensures that we are with you every step of the way. You will also be given a tutorial and can snorkel as much or little as you like.

Q

**How much walking is involved on land?**

A

We undertake two walks to Yardi Creek Gorge and Mandu Mandu Gorge. They are both easy/moderate and take about 1.5 hours and 2.5 hours, respectively. Good walking shoes are recommended due to the desert environment and some uphill sections on the trail. Despite being classified as easy, these walks are breathtaking in their own right, so we have never had a member not enjoy them.

Q

**Do I need hiking boots for the hikes?**

A

It is not necessary to wear hiking boots. As long as the distances are not too long, you can walk in your joggers comfortably. It is recommended that you wear enclosed footwear because the track is hard and compact.



## SWIMMING WITH WHALES

Q

**Is there anyone else on the boat such as the public?**

A

The boat we book holds 20 people, most of whom are us! If the boat is not full, there will be other swimmers to join.

Q

**When is the best time to see whale sharks and Humpbacks at Ningaloo Reef?**

A

The best time to see whale sharks is from April through July and Humpback Whales from July through to October. Although sometimes we see them both all year!

Q

**After swimming with the whales, what time do we get back to the resort?**

A

We return to the resort between 4.30 pm and 5 pm, have a rest/shower then our farewell dinner at the resort.

Q

**Does the company provide wetsuits and snorkels?**

A

All gear is provided by them, you are welcome to bring your own if you wish but again, no need.

Q

**Is breakfast and lunch provided on the boat by the company?**

A

Yes, we provide breakfast, lunch, and snacks. Please let us know of any dietary requirements before departure as these are sent onto the company.



## FOOD & NUTRITION

Q

**Do you cater to gluten-free/vegetarian or specific diets?**

A

Yes, we cater to specific dietary requirements. Please inform us of your dietary requirements at least three weeks prior to departure. Please be specific about your needs. For dietary needs beyond vegan and vegetarian, there is an additional \$20 charge per person, this has been passed on from our partners in Exmouth as sources particular food items in an isolated town is expensive.

Q

**What kind of meals can we expect?**

A

We value healthy food and prepare vegetable dishes, stir-fries, curries, and meals to meet the dietary needs of the group. Fresh fruit and a variety of options are always available. Salads, wraps, meats, and vegetables are available for lunch.

Q

**Can I bring my own snacks?**

A

Yes, you are welcome to bring your own snacks, but we also have plenty of healthy snacks and a little chocolate!

Q

**Is there a vegetarian option for meals?**

A

Yes, there is.

Q

**Can I bring alcohol?**

A

Yes, we stop via town before driving out to our Base Camp where you can purchase alcohol.



## CAMPING & ACCOMMODATION

Q

**Where is our base camp location?**

A

Bungleup is our Base Camp for the kayaking component. Our camp is located 1.5 hours south of Exmouth town in the Cape Range National Park. This may change due to National Parks.

Q

**Can you tell me the name of the hotel we stay at in Exmouth?**

A

We stay at the Ningaloo Mantarays Resort, Exmouth.

Q

**Is there any additional accommodation provided by WWA post trip?**

A

Unfortunately, no. To arrange an onward stay if you decide to stay on prior, please contact the resort.

Q

**Is the hotel twin share?**

A

The rooms booked are all twin share. The resort sells out quickly, so single supplements are subject to a full room booking fee and must be arranged at the time of booking.

Q

**Do you have hot showers at camp?**

A

Each night, we have solar showers with hanging solar bags. The amount of water is limited, but everyone gets the chance to wash off the salt water.

Q

**Do we sleep in tents?**

A

Yes, we will be sleeping in tents. There is plenty of room for your gear in the tents.

Q

**What about a pillow? Do I need to bring one?**

A

You are welcome to bring your own pillow, but we provide them at camp.

Q

**Is it possible to have a single tent?**

A

Yes, there are six single tent options available. The single tent supplement with our providers is \$100 plus GST. If you would like to book this in prior to departure, please contact us.

Q

**Is there going to be a toilet facility? Do I have to go into the bush?**

A

For the camping component, there will be pit toilets.

Q

**Does the Base Camp have reception?**

A

No, there is no reception at the base camp. Please message your family in Exmouth before we go out of range.



## OTHER THINGS

Q

**What is the number of ladies in our group?**

A

A group of 10 to 13 women will be accompanied by two female kayak guides and a Women Want Adventure guide.

Q

**How is the weather?**

A

Temperatures will range between 24-30 degrees during the day and 15-17 degrees at night. There can be very windy days or calm days. We have called upon the weather gods for a good weather window, but it all depends on the weather forecast for the week!

Q

**How warm is the water?**

A

Expect a temperature of 19-21 degrees inside the reef. It is usually three degrees warmer outside the reef.



Q

**Is it a good idea to buy an underwater camera?**

A

While we will take photos of you and the group to share, including your guides who have underwater cameras, we recommend bringing your own to capture the amazing reef.

Q

**If I need to call home in an emergency, what should I do?**

A

Your guides have satellite phones and can only call home in an emergency. In case of an emergency at home, give your family this number - 0477 685 123 or 0403918346. Please leave a message, and our team in Exmouth will pass it on to Base Camp.

Q

**Is there any cash I need to bring?**

A

It is a good idea to carry some cash with you since there is a visitor information center in Cape Range National Park. Exmouth also has many gift shops.

Q

**Will there be any charging options available for my phone or camera at the camp?**

A

Yes this is possible, however due to the remote location and group charging needs, we ask you bring a power adapter with you as sometimes charging is not always an option if we are running from solar or battery for cooking needs.



## CONTACT

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