

# Warrumbungles

5 Day Hiking and Camping Trip



# **CLOTHING & EQUIPMENT**

Selecting the right clothes and other gear and equipment according to the weather and climate, is essential to avoid unnecessary complications and to make your trip as comfortable as possible.

Please follow the packing list carefully and contact our team if you have questions.

### **CLOTHING**

- · Waterproof jacket with hood
- Waterproof pants (check weather forecasts/optional)
- · Fleece jumper
- 1x hiking shirt (merino material is best. Cotton is not great to walk in)
- · Long sleeve shirt
- Thermal top and thermal bottoms
- Lightweight camp trousers
- 2x pair of hiking socks (merino material is best)
- Thermal top and thermal bottoms
- · Lightweight camp trousers

## **HEAD AND HAND**

- Lightweight gloves (inner thermal gloves and outer windproof and waterproof gloves)
- · Bandana/buff or head scarf
- · Beanie and gloves
- Sun hat
- Headlamp with extra batteries
- Sunglasses with UV protection (strap is useful)

# **FEET**

- Hiking socks x 2-3 pairs (Merino)
- Hiking boots (well worn-in)
- Hiking sandals
- · Cotton socks for post hike

# **TOILETRIES**

- Toothbrush and toothpaste
- Deodorants
- Sunscreen cream
- Lip balm
- Female hygiene products
- Small quick-dry micro towel
- Ear plugs / eye mask

#### **CAMPING ACCESSORIES**

- Trekking poles (optional)
- Sleeping bag (three seasons) or bring a blanket!
- Backpack with waist and chest strap (30L) is most suitable
- Sleeping mat
- Pillow

#### **EXTRAS**

- Camera or phone to take photos
- Phone charger
- Rubbish bag (for dirty or wet items)
- It is recommended to carry at least 2.5-3 liters of water in two separate carriers. Each carrier should contain a 2L bladder and a 1L water bottle
- Gaiters (optional)

