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# PACKING & EQUIPMENT LIST



## Hinchinbrook Island

Kayaking & Camping Trip



# CLOTHING & EQUIPMENT

Selecting the right clothes and other gear and equipment according to the weather and climate, is essential to avoid unnecessary complications and to make your trip as comfortable as possible.

Please follow the packing list carefully and contact our team if you have questions.

## KAYAKING GEAR

- Board shorts/shorts to wear in the kayak
- Sunglasses, polarised lenses are best to eliminate glare and see under the water
- Sunglass retaining strap
- Sun hat – Wide brimmed or wrap around is best with chinstrap to keep it on in a breeze
- Reef shoes, Big W water shoes or crocs
- Buff to put around your neck on windy days
- Paddling gloves for sun protection and prevention of blisters
- 2 T-shirts/shirts or rash shirt (to wear whilst paddling)
- Small towel (quick dry) or sarong
- 1 litre water bottle

## TOILETRIES

### Minimal toiletries (biodegradable salt water soap/shampoo)

- Toothbrush and toothpaste
- Sunscreen cream and lip balm
- Effective insect repellent (please beware DEET based products can melt plastic, tents and even some drybags)
- Sea sickness tablets
- Female hygiene products
- Ear plugs / eye mask
- Hydrolyte tablets
- Wet wipes
- Personal blister pack
- Small packet of tissues
- Own strapping tap for personal known injuries

## INFORMATION

On all our trips we are totally self sufficient so space is limited, it is therefore necessary to travel light. We provide a waterproof dry-bag for your personal equipment and clothing, these are not easily accessible whilst paddling.

You may prefer to provide yourself with a small waterproof container for easy access to necessary items such as cameras, binoculars.

We will provide a communal day dry-bag for cameras etc, which will be accessible during the day. If you are not going back to your accommodation after the trip we are happy to store your bags whilst you are on the water. Light coloured clothing is advisable; on some beaches and at certain times of the year sand-flies and mosquitoes may be present and they are more attracted to dark colours as they provide them better camouflage.



## CAMPING AND CLOTHING

- Lightweight and compact sleeping bag and inner-sheet (essential)
- Cotton single bed sheet to go over camping mattress (essential)
- Camping pillow
- Small torch and batteries (a head torch is handy for camping) with spare batteries
- Lightweight pair of trousers (to wear around camp)
- Lightweight long-sleeve shirt (to wear around camp)
- T-shirts x 2 or light long sleeve tops
- Long pants, jacket, shirt x 1 each
- Beanie for cold in the evenings plus comfortable pants and jumper or warm top to sleep in
- Lightweight waterproof rain-jacket
- Lightweight socks and underwear
- 2 pairs of quick-dry shorts and swimwear
- Comfortable slip on shoes/Ugg boots
- Walking shoes or joggers
- Thermal top and bottom for cooler nights

## OPTIONAL EXTRAS

- Alcohol
- Books, cards games etc for enjoyment
- Phone and camera solar chargers
- Binoculars
- Personal snacks, favourite type of tea



## PROVIDED

- Kayaks, paddles and safety gear
- Comfortable high quality tents
- Camp shelter
- Sleeping mats (now provided)
- Dry bags for valuables and for in the kayak
- Crazy creek camp chair
- All camp kitchen equipment
- Appropriate toileting facilities