



TRIP

# Ningaloo Humpback Whale Kayaking & Camping

Ningaloo Reef // WA



ITINERARY AND INFORMATION

## OVERVIEW

Plunge into the heart of adventure with Western Australia's Women's Ningaloo Reef Sea Kayaking and Whale Shark Trip! This 8-day journey is your chance to immerse yourself in the stunning beauty of Ningaloo Reef, where crystal-clear waters and vibrant coral reef teem with life.

From the moment you arrive in Exmouth, we'll whisk you away to the secluded Cape Range National Park, where you'll pitch your tent and prepare for an adventure unlike any other. Soak up the breathtaking views of this unique wilderness, while kayaking on the calm waters of the reef and snorkeling among its vibrant coral formations. But that's just the beginning! On the most exciting day of the trip, you'll have the opportunity to swim with Humpback Whales in their natural habitat. This is an unforgettable experience, and one that you won't soon forget.

Accommodation for this trip is a mix of luxury and adventure, with two nights at the beautiful Manta Rays 4.5 Star Resort in Exmouth, followed by 5 nights camping under the stars in the Cape Range National Park.



## HIGHLIGHTS

**Immerse yourself in a world of adventure, swimming with majestic humpback whales in their natural habitat**

**Paddle through the crystal-clear waters of Ningaloo Reef, exploring its vibrant coral formations by kayak**

**Dive into a world of colour and excitement as you snorkel on one of the world's most magnificent coral reefs**

**Unwind under the stars and make new friends, sharing healthy meals and creating lifelong memories with a group of like-minded women**

**Camp under the stars in the heart of Western Australia's Cape Range National Park, surrounded by breathtaking landscapes**

## DETAILS

**Destination:** Exmouth // WA

**Number of days:** 8 days // 7 nights

**Grade:** Beginner-moderate

**Starting point:** Exmouth Airport // Learmonth

**Activities:** Humpback Whale Swimming, Snorkelling, Camping, Hiking, Kayaking  
4.5 Star Manta Rays Resort in Exmouth (Twin sharing) and Tent Camping (Twin sharing)

**Single tent option:** Limited yet available upon request

**Grade:** Easy to moderate

**Size of the group:** 12 women

## FLIGHTS

**Flights are excluded - please book**

Flight to Learmonth - Day 1 QF1602 arrival into Learmonth 2.30pm

Flight return to Perth - Day 8 QF1603 from Learmonth approx 3.15pm



## ABOUT

Located in West Australia's Ningaloo Marine Park, the Ningaloo Reef is one of the most important stretches of reef in Australia and is one of the most scenic areas of the Ningaloo Marine Park.

In addition to being the world's longest coral reef system, it is one of only two coral reef systems that have formed on a continent's western side. From Bundegi Beach near Exmouth to Amherst Point south of Coral Bay, the Ningaloo Marine Park stretches 260 km along the West Coast. Aboriginals called it 'Ningaloo' because it means a point of high land that juts into the sea.

Our Adventure is placed at the optimum time to view Whale Sharks and the clear waters of Ningaloo Reef. A trip of a lifetime featuring quality sea kayaking, snorkeling at every opportunity and inland gorge walking in ancient river canyons where quintessential Australian landscape meets the Ocean in an explosion of color and life.



## AT A GLANCE

### Day 1:

Fly to Perth and onto Exmouth. Transfer to private bush base camp.

### Day 2:

Kayak from Yardie Creek to Osprey Bay, snorkel and enjoy the Ningaloo Reef. Sleep under the stars in your cosy tent at Cape Range National Park.

### Day 3:

Kayak from Osprey Bay to South Mandu, snorkel at Pilgrammuna bombies or Blue Lagoon. Sleep in your tent at Cape Range National Park.

### Day 4:

Kayak from South Mandu to Tulki, snorkel at the South Mandu Drift, Oyster Stacks Drift, and Turquoise Bay. Walk/hike at Yardie Gorge to watch a beautiful sunset. Sleep in your tent at Cape Range National Park.

### Day 5:

Take the Mandu Mandu Gorge walk in the morning, then head to the Milyering Visitor Centre. Kayak from Tulki to Lakeside, snorkel at Tulki Hole and Lakeside. Sleep in your tent at Cape Range National Park.

### Day 6:

Kayak to Neds Camp or Mangrove Bay, depending on conditions. Return to Exmouth and stay at the luxurious Manta Rays Ningaloo Resort.

### Day 7:

Enjoy a once-in-a-lifetime experience on a Humpback Whale expedition where you will have the opportunity to swim with these magnificent creatures (whole day activity). In the evening, enjoy a farewell dinner with your group.

### Day 8:

Depart Exmouth and make your way back to Perth, reflecting on the amazing experiences you've had during your time in Exmouth.

## DAY 01

**Fly to Perth and onto Exmouth. Transfer to private bush base camp**

As you arrive at Perth airport, grab your bags and prepare yourself for the ultimate adventure! You'll need to catch the flight landing around 2.30pm (this flight leaves Perth around 12.30pm).

Our trusty transportation and guide will be waiting to whisk you away to our Base House, where you'll be outfitted with all the gear you need for your expedition. No need to worry about bringing your own snorkel or paddle gear, we've got you covered with masks, snorkels, fins, paddle gloves, hats, and more!

After you're all set, we'll make a quick stop in town for any last-minute provisions, including alcohol if you choose. Then, it's off to the wild frontier, a 55 km drive (about an hour) to our private campsite at Cape Range National Park.

As we settle into camp, your guides will give you the lowdown on the week's plan and conditions, while you nibble on some dinner and soak in the breathtaking sunset with a glass of your BYO wine or beer.

And when the stars come out, prepare to be awestruck by the star-studded sky above - it's a celestial light show like no other!

For the duration of your trip, you'll be sleeping under the stars in a tent at Cape Range National Park. And don't worry about going hungry, we've got dinner and afternoon snacks covered.

Meals: Snacks, D

## DAY 02

**Sea Kayaking Snorkelling Adventure in Ningaloo Reef Lagoon**

After fueling up with a delicious breakfast, the group will embark on a journey to Yardie Creek, where the excitement begins. Get ready to slip into your kayaks, grab a paddle, and set off on a thrilling journey along the pristine waters of the Ningaloo Reef.

The day starts with a safety briefing to make sure everyone's ready for the journey ahead. As you paddle north to Osprey Bay, you'll be gliding over crystal-clear waters in double Barracuda Duos, kayaks that are built for adventure. The 10 km journey to Osprey Bay is just the beginning of a day filled with breathtaking sights and unforgettable experiences.

As you reach Osprey Bay, it's time to jump out of the kayaks and dive into the heart of the Ningaloo Reef. The shallow sandy bottom and coral bombies are home to an abundance of fish, and you'll have the opportunity to snorkel and discover the underwater world in all its glory.

Take a break on an unnamed beach for a delicious lunch and enjoy the peaceful surroundings before paddling northward to the Osprey Sanctuary Zone. Here, you'll have the opportunity to snorkel in the beautiful pools within the reef that are specifically sited for kayaking. With two kayak moorings, you can safely attach your kayaks and immerse yourself in the underwater world.

After a full day of adventure, it's time to head back to base and enjoy a delicious dinner under the stars. And, of course, you'll be spending the night in a tent camping at Cape Range National Park, surrounded by nature's beauty.

- Accommodation: Tent camping at Cape Range National Park
- Meals: B,L,D

## DAY 03

### Sea Kayaking Snorkelling Adventure in the Ningaloo Reef Lagoon

Embark on an unforgettable journey today as we kayak from Osprey Bay to South Mandu, a 9.5-kilometer journey across the stunning turquoise waters of Sandy Bay. Keep an eye out for the majestic sea turtles and graceful rays that often call this area home. Take a dip in the crystal-clear water at Pilgrammuna bombies for a breathtaking snorkeling experience, or for those seeking an even more immersive adventure, the world-renowned Blue Lagoon awaits just 700 meters offshore. Relax in the great outdoors and sleep under the stars in your cosy tent at Cape Range National Park. And with meals of breakfast, lunch, dinner and snacks included, you'll have all the energy you need to make the most of each day's adventures.

- Accommodation: Tent camping at Cape Range National Park
- Meals: B,L,D

## DAY 04

### Sea Kayaking Snorkelling Adventure in the Ningaloo Reef Lagoon + Hike Yardie Creek Gorge

Today we embark on an exciting kayaking adventure from South Mandu to Tulki, a journey of approximately 7 kilometers with breathtaking snorkel stops along the way! Soak in the beauty of the South Mandu Drift, the stunning Oyster Stacks Drift, and the mesmerising Turquoise Bay - all offering an abundance of corals and diverse sea life just meters from the shore.

Get ready for an unforgettable experience as you snorkel through these popular sites that have earned their reputation for a reason. Later in the afternoon, we will take a short walk/hike at Yardie Gorge, where you'll be greeted by a breathtaking sunset over the gorgeous water-filled gorge. This is the only permanent water source in the entire Cape Range National Park, so keep an eye out for black-footed rock wallabies as they venture out to feed at dusk.

Keep an eye out for the massive Osprey nest perched on the walls of the gorge. After the walk, we will come back to camp for dinner.

- Accommodation: Tent camping at Cape Range National Park
- Meals: B,L,D

## DAY 05

### Sea Kayaking Snorkelling Adventure in the Ningaloo Reef Lagoon

We plan to do the Mandu Mandu Gorge walk in morning, straight after breakfast before it gets too warm. It takes about an hour and a half. We will follow the ancient river bed, spotting black-footed rock wallabies in the sheer gorge walls, before the path takes us up on top of Cape Range where there are fantastic views over the coastal plain, lagoons, fringing reef, surf and the big blue ocean.

Following our walk, we will head to the Milyering Visitor Centre, where there are various interesting interpretive displays, as well as the opportunity to purchase some souvenirs, and perhaps an ice-cream. This afternoon we kayak from Tulki to Lakeside, an enjoyable afternoon paddle of 4km. Snorkel options include the amazing Tulki hole, one of the best offshore sites, before heading north to Lakeside, a favourite shore based snorkel, just before our end point for the day. This area is where we are most likely to sight Dugong if we are lucky.

- Accommodation: Tent camping at Cape Range National Park
- Meals: B,L,D



## DAY 06

**Head to the Manta Rays Resort for a 2-night luxury 4.5 star stay**

As we bring our Cape Range base camp to a close, we embark on the final stretch of our kayaking journey in the park. Our destination for the day is either Neds Camp, a 5 km paddle away, or, if conditions permit, the stunning Mangrove Bay, a 8 km trek through a bay teeming with rays, turtles, and small sharks.

Upon completion of our excursion, we'll load the kayaks onto the trailer and make our way back to Exmouth. By late afternoon, we'll arrive at the luxurious Manta Rays Ningaloo Resort, where you can freshen up with a hot shower before enjoying dinner and drinks at your leisure.

- Stay: Twin-share accommodations at Manta Rays 4.5 Star Resort
- Meals: B,L. Dinner at your own expense at Whalers Restaurant

## DAY 07

**Swimming with Humpback Whales full day boat tour**

Today you will embark on the thrill of a Lifetime with our humpback whale expedition! You'll be picked up from the hotel around 7 AM by a bus, which will drive you to the boat where you can start your adventure by indulging in a satisfying breakfast onboard. You will get to swim and snorkel with these magnificent creatures - the humpbacks. Protected in Australia, they leisurely glide along the Ningaloo Reef, feasting on surface plankton, providing a breathtaking and up-close encounter. It's a full day of excitement, complete with round-trip transfers from Exmouth, breakfast snacks, and a delicious lunch.

Upon returning to the hotel, unwind in luxury at the Manta Rays 4.5-star resort, and raise a glass to the memories made during a farewell dinner. Table drinks are included in this celebration of your whale shark experience.

- Stay: Twin-share accommodations at Manta Rays 4.5 Star Resort
- Meals: B,L + Farewell dinner

## DAY 08

**Depart Exmouth**

Today marks the conclusion of our exciting journey. The group will depart from Exmouth for their return trip to Perth. Our airport transfer service will be available to collect those departing today at their designated time from the resort. Before departing, feel free to bask in the sun by the pool or explore the town and grab some unforgettable souvenirs related to the whale sharks.

For breakfast, we usually head into town for a bite to eat at your own expense. Our shuttle service to the airport will be organised around 11am, ensuring a smooth and hassle-free transition. Please book the QF1603 which departs Learmonth in the afternoon.



## WHAT'S INCLUDED

- Two nights' accommodation at Mantarays resort (twin share)
- All camping equipment kayaking equipment
- A wetsuit and rashshirt (if needed)
- A sleeping bag, a mat, and a pillow
- Paddle gloves
- Breakfast, snacks, and lunch included in the whale shark tour
- All meals outlined in itinerary
- Exmouth airport pick-up and drop-off
- Drink and dinner at the farewell dinner
- Equipment for snorkeling (you may bring your own if you wish)
- Professional kayak guides
- Humpback whale swim boat tour

## WHAT'S NOT INCLUDED

- All types of flights. Flights to Perth and Exmouth must be booked separately
- Insurance for travel is mandatory
- Friday night dinner upon returning to Exmouth
- Breakfast on Sunday morning
- Alcohol



## CLOTHING & CLIMATE

Night time temperatures can reach close to 5-10 degrees this time of year. Please ensure you pack appropriately. Warm jacket, thermals, woolen hat is advisable for the colder months. Most ladies like to pack a scarf and track pants for camp. Please download the packing list from the booking page for a full list of what to bring.

## SLEEPING BLANKET & PILLOW

Comfortable sleeping blankets and pillows are provided when camping. You are welcome to bring your own sleeping bag and pillow if you prefer but it is not needed.

## EMERGENCY & CONTACT

In the case of a genuine emergency, or concerns about a missed pick-up on the day of departure please contact us on 0403918346 and the team at Women Want Adventure will be in contact with the group out on field.

If your family need to contact you for an emergency while you are away, they can call 0477 685 123.

- Email: [womenwantadventure@outlook.com](mailto:womenwantadventure@outlook.com)
- Director Monique - 0403918346
- Trip Manager Tracy: 0415657567



## INSURANCE

Comprehensive Travel Insurance is a mandatory requirement for attendance on the Ningaloo Reef trip. Your insurance policy should cover cancellation and curtailment, emergency travel, repatriation, personal accident and evacuation from a remote area. It is your responsibility to ensure that you are fully insured before leaving home. Please send us your travel insurance number prior to departure.

Australians are not required to be covered for hospital care due to being covered by Medicare. However we strongly recommend that Australians have a domestic travel insurance policy which covers personal liability, cancellation, curtailment and loss of luggage and personal effects. It is also strongly advisable that Australians have current ambulance cover in the case of emergency evacuation or incidents requiring ambulance transportation.

If you are travelling from overseas you must attain your insurance.

You must provide evidence to Women Want Adventure that you have obtained the required personal travel insurance covering all of the activities you expect to participate in 60 days prior to trip departure.

Recommendations for travel insurance:

Cover More: [View link](#)  
Fast Cover: [View link](#)  
Flip: [View link](#)