



# FAQ'S

## HINCHINBROOK ISLAND



FAQ'S DOCUMENT - HINCHINBROOK



## THE JOURNEY

Q

**How do I get to Mission Reef Resort?**

A

All women are responsible for arranging their own transportation and accommodation before and after the completion of the expedition. The nearest airport to Mission Beach is Cairns, which is approximately a 2-hour drive away.

There are several transport options available for your convenience. These include car rental services, the [MissionLink bus service](#), Greyhound bus service, and Premier bus service. We highly recommend MissionLink as they offer a direct service from the airport to your accommodation in Mission Beach, ensuring a seamless and convenient transfer.

Q

**What is our accommodation called?**

A

Your accommodation is booked at Mission Reef Resort, a beautiful location for your stay. You can find more information about the resort and its facilities at their website: <https://missionreefresort.com.au/>. The resort is located at 58-62 Holland Street, Wongaling Beach, Queensland, 4852.



## THE PACKING PROCESS

Q

**What should I pack?**

A

Upon booking, you will receive a packing list. This can also be downloaded via the booking page on our [website here](#).

Q

**Can you tell me what kind of bag I should bring?**

On all our trips we are totally self sufficient so space is limited, it is therefore necessary to pack light. We provide 2 waterproof dry-bags for your personal equipment and clothing, the larger drybag (40 Litres) is not accessible whilst paddling. We will also provide a smaller deck drybag (10 Litres) for items that need to be accessed whilst on the water.

Q

**Should I pack a rash shirt?**

A

If you have one, yes. Otherwise a long sleeve lightweight shirt is great for kayaking to keep the sun off your shoulders.

Q

**Where can I store my items I don't need while out kayaking?**

A

Mission Reef Resort where you are staying under Women Want Adventure will store your spare luggage that you are not taking on the kayak trip for you. Leanne and Mark are the owners and they are happy to assist.



Q

**Do I need my own tent and sleeping mat?**

A

No need to worry about sleeping tents or sleeping mats! High-quality sleeping tents will be provided for your comfort during the trip. If you would like to share a tent with a friend, please [contact us](#).

Q

**Should I bring my own sleeping bag?**

A

Yes, please remember to bring your own sleeping bag.



## OTHER THINGS

Q

**How long do we kayak each day?**

A

The day can start on the water anywhere between 8am and 9.30am and ends between 2.30pm and 3.30pm. You can expect to paddle into camp around 4pm. On average, kayaking distances range from 8km to 12km but can vary due to weather conditions, tides and swell. Your guides will inform you each day up wake up times.

Q

**What should I wear while kayaking?**

A

It's recommended to wear shorts or tights, a rash shirt, or a long-sleeved shirt to protect from the sun. Sunglasses and a hat are also essential. On colder days, it is recommended to bring a thermal top.

Q

**What kind of shoes should I wear while kayaking?**

A

It's best to wear river shoes or sandals. You can purchase cheap pairs of shoes at K-mart and BIG W.

Q

**Are the kayaks have single or double sea kayaks?**

A

If we have an uneven number, we'll swap the single kayaks around so everyone can participate, however we are all in double sea kayaks.





## FOOD & NUTRITION

Q

**Do you cater to gluten-free/vegetarian or specific diets?**

A

Yes, we cater to specific dietary requirements. Please inform us of your dietary requirements at least three weeks prior to departure. Please be specific about your needs.

Q

**What kind of meals can we expect?**

A

We value healthy food and prepare vegetable dishes, stir-fries, curries, and meals to meet the dietary needs of the group. Fresh fruit and a variety of options are always available. Salads, wraps, meats, and vegetables are available for lunch.

Q

**Can I bring my own snacks?**

A

Yes, you are welcome to bring your own snacks, but we also have plenty of healthy snacks and a little chocolate!

Q

**Is there a vegetarian option for meals?**

A

Yes, there is.

Q

**Can I bring alcohol?**

A

You are welcome to bring alcohol, however please consider the limited storage space in the kayaks when purchasing alcohol, opting for lower volume options like wine, port, or spirits. Excessive drinking is not advised during the expedition. We recommend a having no more than a glass per night. Alcohol is not provided on this trip.



## CAMPING & ACCOMMODATION

Q

**Where do we camp on the island?**

A

We camp at various locations along the way! Some notable spots we stop at include Hillock Point, Blacksand Beach, Goold Islands, and Wheeler Island. The specific places we visit may vary based on weather conditions and swell.

Q

**Can you tell me the name of the hotel we stay at in Mission Beach?**

A

We stay at the Mission Reef Resort.

Q

**Is there any additional accommodation provided by WWA post trip?**

A

Unfortunately, no. To arrange an onward stay if you decide to stay on prior, please contact the resort.

Q

**Is the hotel twin share?**

A

The rooms booked are all twin share. As the resort tends to sell out quickly, single supplements are subject to a full room booking fee and must be arranged at the time of booking. If you require a single supplement, please [contact us](#), and we will do our best to accommodate your request.

Q

**Do you have hot showers at camp?**

A

There are no showers available along the trip. We rely on refreshing swims in the waterfalls and a quick wash in the ocean. It is recommended to bring wet wipes and a face mist to cleanse off the salt after a day of paddling.

Q

**Do we sleep in tents?**

A

Yes, we will be sleeping in tents and pitch these on the beach.

Q

**What about a pillow? Do I need to bring one?**

A

You are welcome to bring your own camping small and compact pillow.

Q

**Is there going to be a toilet facility? Do I have to go into the bush?**

A

For the camping component, there will be pit toilets available at some of the campsites. However, at other sites without toilets, your guide will provide a Leave No Trace kit and explain how to use it for toilet purposes.

Q

**Is there reception?**

A

No, there is no reception available for the duration of the trip. While there may be pockets of reception on top of some of the small hills we explore, we recommend turning your phone to flight mode and embracing the opportunity to disconnect from technology and enjoy the time away.



## OTHER THINGS

Q

**What is the number of ladies in our group?**

A

A group of 10 women will be accompanied by two kayak guides.

Q

**How warm is the water?**

A

Expect a temperature of 18-21 degrees.

Q

**If I need to call home in an emergency, what should I do?**

A

Your guides have satellite phones and can only call home in an emergency. In case of an emergency at home, give your family this number - 0484791829 or 0403918346. Please leave a message, and our team will pass it on.



Q

**Will there be any charging options available for my phone or camera at the camp?**

A

There is no electricity available on this trip. We recommend bringing your own solar charger or power bank to charge your phone or camera.

Q

**What time do I meet the group on day 1?**

A

The evening prior to your expedition departure a meet and greet will be held to discuss the expedition itinerary, meet the rest of the women and your guides and answer any last-minute questions. Your guides will supply you with complimentary dry bags for packing your personal gear into as well as a sleeping mattress and any other gear necessary to be supplied and packed prior to departure. Your guides will also bring waiver forms which will need to be filled out before participating in the trip.

Your guides will outline the expedition proceedings and inform you of a pickup time from your accommodation at Mission Reef Resort for in the morning. This time can vary due to tidal movements and so your guide will let you know at the meeting. On day 1 of the expedition guides from Coral Sea Kayaking will pick you up from your accommodation and on the final day will drop you back at your accommodation. We finish the trip in Mission Beach at approximately 3- 4pm on the final day. Pre-departure meetings will be held at Mission Reef Resort where you are booked at 7:00pm the evening prior to departure, please meet your guides in the front lobby. Your guides will also be bringing you dinner for around the pool during the pre departure briefing.



## CONTACT

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