

# PACKING & EQUIPMENT LIST



## Snowshoeing

Overnight trips



# CLOTHING & EQUIPMENT

Selecting the right clothes and other gear and equipment according to the weather and climate, is essential to avoid unnecessary complications and to make your trip as comfortable as possible.

Please follow the packing list carefully and contact our team if you have questions.

## CLOTHING

- Waterproof jacket with hood (windproof, waterproof, and breathable materials such as Gore-Tex)
- Waterproof over pants (windproof, waterproof, and breathable materials such as Gore-Tex)
- Undergarments
- Fleece jumper
- Base layer bottoms (2 pairs) made of polypropylene or wool
- Base layer top (2 pairs) made of polypropylene or wool
- Midweight fleece pants
- Midweight fleece top
- Down jacket
- 1x hiking shirt (merino material is best. No cotton)
- Long sleeve shirt
- Warm camp trousers

## HEAD AND HAND

- Sunhat/cap
- Fleece/wool hat or beanie
- Neck buff or balaclava
- Liner gloves made of wool or synthetic materials
- Mountain/ski gloves or mitts (windproof and waterproof)
- Headlamp with extra batteries
- Sunglasses with UV protection (strap is useful)
- Snow goggles
- Heavy-duty rubber gloves for snow activities (such as the ones found at a grocery store)

## FEET

- Hiking/ski socks (2 pairs) made of merino wool or similar material
- Waterproof and well-worn-in outdoor footwear (hiking boots or hiking shoes)
- 2x pair of hiking socks (merino material is best)

## TOILETRIES

- Toothbrush and toothpaste
- Deodorants
- Sunscreen cream
- Lip balm
- Female hygiene products
- Anti-bacterial hand wash
- Small quick-dry micro towel
- Ear plugs

## ACCESSORIES

- Sleeping bag (three seasons)
- (down or synthetic, 4-season/snow rated, with a comfort rating of at least -10 degrees Celsius)
- Backpack with waist and chest strap (60-75L) is most suitable
- Self-inflating sleeping mat (closed cell)
- Water bottles with a minimum capacity of 2 liters, such as Nalgene style wide-mouth bottles (these can hold boiling water and won't freeze overnight)

## PERSONAL HYGIENE

- Wet wipes (baby wipes)
- Tissue/toilet roll (small packets are handy)
- Zip lock bags

## EXTRAS

- Camera or phone to take photos
- Phone power bank and cords (optional)
- Small travel and quick dry towel
- Rubbish bag (for dirty or wet items)

## WE PROVIDE

- Snow tents
- Sit mats
- Stoves
- Snow shoes & poles
- Additional foam mats for under your sleep mat
- Snow shovels
- Snow hiking poles
- Group tarp
- Equipment for eating and cooking
- Technical, Navigation
- Group first aid and safety equipment

## GEAR REQUIREMENTS

If you require rental equipment for your trip, such as clothing, inflatable sleeping mats, or sleeping bags, we recommend contacting [Wilderness Sports](#) in Jindabyne. They offer a wide range of gear for hire and it can be picked up at their store before the start of your tour. Please make arrangements in advance to ensure availability.

